









Meaningful Moments Calendar ~ December 2019 ~ Cambridge Street 2nd Floor at Bethany Health Care Center ~ Sponsored Ministry of Sisters of Saint Joseph of Boston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Our Namaste Ladies Celebrate their birthday in the Namaste Room on their special day: (none this month)	<i>Activities are subject to change to meet the needs of the residents.</i> **Check the activity board on the unit for spontaneous events	<u>Program Key</u> BPC - Birthday Party Celebration Outing - Check rotating list Bus Ride - TBA	<u>9:30 Spiritual Hymns -Daily</u> Music Therapy Weekly Music & Memory Program Daily Communion is offered daily on unit after Mass. Rosary everyday @ 4:40pm	The Namaste Program is offered by CNA/ Activity Professional at 10:00am & 4:00pm & 6:00pm.	<u>Activity Professionals & Volunteers</u> <i>Catherine Sabatini,</i> ADC / MC, CMDCP, CDP, HCC <i>Alicia, APC / MC, CDP, Wendy, APC,</i> <i>Leticia, CNA, Matthew, APC / CDP,</i> <i>Megan G. Megan B., Jean, Abigail,</i> <i>Arielle, Nicole, Helen, CNA, Sarah, MT</i> Volunteers: Sr. Bernadette, Sr. Mary, <i>Sr. Maureen, Sr. Jean, Liz, Helen and</i> <i>many more ... many more....</i>	
1 10:15 Mass on TV 11:00 Stretching 11:30 News & Humor 1:30 Individual Chat 2:00 Physical Fun 3:15 Travel Chat 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	2 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Cooking Fun 1:30 Individual Chat 2:00 Theme Fun 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	3 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 Theme Fun 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Music Awareness	4 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 Theme Fun 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	5 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 Sr. Peggy Singing 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Flower Arranging	6 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 Theme Fun 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	7 9:30 Catholic TV + 10:30 Stretching 11:00 Recipe Memorabilia 1:30 Individual Chat 2:00 Sports Time 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Circle of Friends
8 10:15 Mass on TV 11:00 Stretching 11:30 News & Humor 2:00 Special Christmas  Music in Chapel 3:15 Travel Chat 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	9 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Cooking Fun 1:30 Individual Chat 2:00 Theme Fun 3:00 <i>BPC - Sr. Catherine M.</i> 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	10 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 Leadership Tea 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Music Awareness	11 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 Theme Fun 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	12 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 2:00 <i>Sr. Peggy Singing</i> <i>with the Floor Christmas</i> <i>Social</i>  4:00 Homelike & Rosary 6:00 <i>BPC - Sr. Mary G.</i>	13 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 Theme Fun 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	14 9:30 Catholic TV + 10:30 Stretching 11:00 Recipe Memorabilia 1:30 Individual Chat 2:00 Sports Time 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Circle of Friends
15 10:15 Mass on TV 11:00 Stretching 11:30 News & Humor 1:30 Individual Chat 2:00 Physical Fun 3:15 Travel Chat 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	16 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Cooking Fun 1:30 Individual Chat 2:00 Theme Fun 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	17 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 <i>Sr. Sally Singing</i> 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Music Awareness	18 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 Theme Fun 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	19 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 <i>Sr. Peggy Singing</i> 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Flower Arranging	20 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 3:00 - 5:00pm Family Christmas Social ...  6:00 Trivia/ Pat D. Singing	21 9:30 Catholic TV + 10:30 Stretching 11:00 Recipe Memorabilia 1:30 Individual Chat 2:00 Sports Time 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Circle of Friends
22 10:15 Mass on TV 11:00 Stretching 11:30 News & Humor 1:30 Individual Chat 2:00 Physical Fun 3:15 Travel Chat 4:00 Homelike & Rosary 6:00 Trivia/ Pat D. Singing	23 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Cooking Fun 1:30 Individual Chat 2:00 Theme Fun 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Trivia/ Pat D. Singing	24 Christmas Eve 10:15 Carols & Rosary 11:30 Stretching 2:00 Theme Fun 3:30 Christmas Eve Mass 	25 Christmas Day  10:15 Christmas Mass 11:30 Around Tree Time  2:00 Theme Fun 3:00 <i>BPC - Catherine M.</i> 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	26 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 Sr. Peggy Singing 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Flower Arranging	27 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 1:30 Individual Chat 2:00 Theme Fun 3:00 <i>BPC - Lucy D.</i> 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	28 9:30 Catholic TV + 10:30 Stretching 11:00 Recipe Memorabilia 1:30 Individual Chat 2:00 Sports Time 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Circle of Friends
29 10:15 Mass on TV 11:00 Stretching 11:30 News & Humor 1:30 Individual Chat 2:00 Physical Fun 3:15 Travel Chat 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	30 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Cooking Fun 1:30 Individual Chat 2:00 Theme Fun 3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Trivia/ John Singing	31 10:15 Chapel Mass/TV 11:00 Stretching 11:30 Reminiscing 2:00 <i>Good Bye 2019...</i> <i>Hello 2020 ...</i>  3:00 Puzzle Fun 4:00 Homelike & Rosary 6:00 Music Awareness	