



BETHANY HEALTH CARE CENTER
2023 Gratitude Report

A Sponsored Ministry of the Sisters of Saint Joseph of Boston



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A LETTER FROM TERESA HODGE, CEO/ADMINISTRATOR

I am honored and humbled to introduce myself as the new CEO/Administrator of Bethany Health Care Center. It is a privilege to step into this role following Sister Jacquelyn's remarkable tenure. Over her four decades at Bethany, Sister Jacquelyn set the **highest standard of compassionate care**, and I plan to carry on her legacy by ensuring Bethany continues to be a warm and joyous home for the Sisters and laywomen who reside here. It's a big responsibility, but with the support of our incredible community, I am confident we will continue to achieve great things together.

Your unwavering support has been the backbone of Bethany's success. In 2023, more than 500 individual, corporate, and foundation donors made nearly 1,200 philanthropic gifts, totaling over \$800,000. **It's because of your generosity** that Bethany Health Care Center remains a 5-star facility—a testament to Bethany's quality of care and the amazing community that strengthens us.

With your help, Bethany is empowered to continually improve our facilities and services while providing comfort and care to residents. Your generosity helped purchase laptops for the clinical team, allowing nursing staff to document resident care right at the bedside. You supplied new iPad monitors, making it easier to update electronic medical records and further improving efficiency. Your gifts added Rosie SmartCarts® to each floor, allowing our nursing team to efficiently and accurately collect vital signs. These innovative additions improve the quality of care and provide more time for personal interactions with residents.

Your support also enabled the purchase of new energy-efficient kitchen appliances. With improved kitchen workflow, the food service staff can safely and efficiently prepare more than 200,000 meals annually for residents, staff, family members, and visitors to Bethany.

Your gifts make Bethany's robust Activities Program possible as well. This program is so much more than mere "recreation"—it keeps residents' cognitive skills sharp, reduces isolation and loneliness, promotes socialization, and fosters a sense of belonging. Every day, we hear from our residents how grateful they are to you, our dear friends, for making all this possible.

Looking to the future, I am committed to building on Sister Jacquelyn's work and continuing to create a warm, vibrant community where residents feel cared for like family. **I am immensely grateful for your ongoing support and look forward to partnering with you to ensure that Bethany remains a place of joy and compassion for years to come.**

With heartfelt gratitude,



Teresa Hodge, CEO/Administrator
Bethany Health Care Center



OUR MISSION



The mission of Bethany Health Care Center is to provide quality care for our residents in a manner that helps them to be connected with God, with other people, and with the world in which they live.

A Sponsored Ministry of the Sisters of St. Joseph of Boston, Bethany serves a community in need regardless of an individual's socioeconomic or religious affiliation.

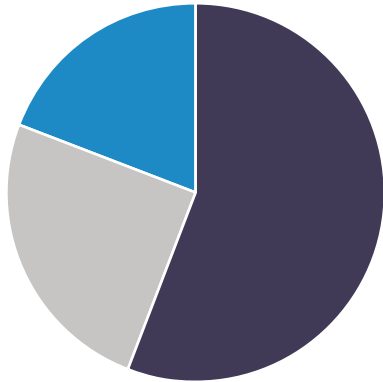


FINANCIALS

Fiscal Year 2023 (January 1, 2023 to December 31, 2023)

Philanthropic Giving 2023

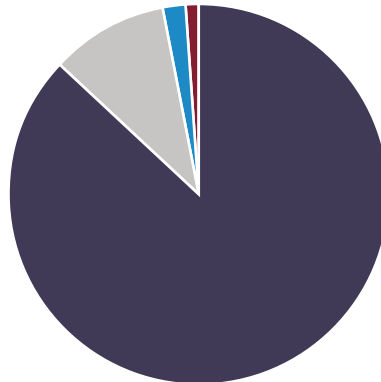
\$810,889



- Individuals | 56%
- Businesses and Organizations | 25%
- Foundation Grants | 19%

Operational Expenses 2023

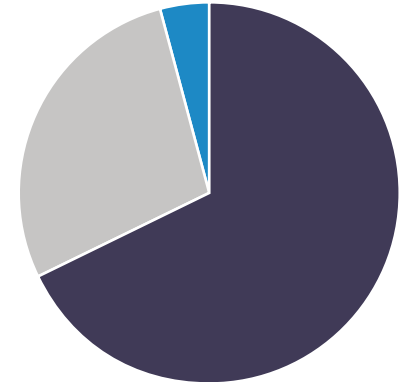
\$18,887,650



- Nursing Care | 87%
- Management & General | 10%
- Home Care | 2%
- Fundraising | 1%

Revenue 2023

\$19,087,225



- Patient Service | 68%
- Other | 28%
- Philanthropic | 4%



Bethany Health Care Center gratefully acknowledges the following individuals, corporations, and foundations who have so generously supported Bethany throughout the 2023 fiscal year.

The Mother Regis Casserly Society

\$100,000+

Congregation of the Sisters of
St. Joseph of Boston
Cummings Foundation
The Flatley Foundation

The Mother St. John Fontbonne Society

\$50,000 to \$99,999

The Shea Family Foundation

The Mother M. Catalina Casey Society

\$25,000 to \$49,999

Barbara Shea
The Yawkey Foundations

Visionaries

\$10,000 to \$24,999

Catholic Health Foundation
of Greater Boston
The Langley 2010 Revocable Trust
MetroWest Health Foundation
W.J. Murphy Construction Co., Inc.

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Every effort has been made to be complete and accurate, and we apologize for any errors or omissions. Please contact Dawn Mahon Priest at dawn.priest@csjboston.org with any corrections.

*✿ Fitzpatrick Society Member
† Deceased*

DONOR PROFILE | MARYLOU HUNT

MaryLou Hunt has a special connection with Bethany Health Care Center. When MaryLou's mother needed nursing home care, MaryLou and her husband Larry were relieved to find a place at Bethany. "Bethany Health Care Center has a such great reputation and a five-star rating," MaryLou reflects. "It definitely lived up to those expectations."

Both MaryLou's mother and mother-in-law were at one time Bethany residents, and both received Bethany's well-known high quality of care. "The staff at Bethany was fantastic," MaryLou fondly recalls. "Larry and I felt lucky that our moms were in such good hands."

One moment that stands out to MaryLou was at the time of her mother's passing. She remembers, "Larry was able to get here before I could, and the staff showed great compassion, not only to my mom but also to our family. That meant a lot to us during such a tough time."

MaryLou and Larry's connection to Bethany Health Care Center extends beyond family ties. For over a decade, they have been donating to Bethany to honor their mothers' memories and the exceptional care they received. "We make a donation every year to say thank you," MaryLou emphasizes. "If you're thinking about donating, just do it. Bethany is a place that truly cares about people."



MaryLou's Mom, Mary Steen



MaryLou and Larry Hunt

Outside of her relationship with Bethany, MaryLou stays active. She works with local scholarship committees and is a dedicated member of the Lions Club. A former business manager for the Ashland School Department, she and Larry have been married for over 50 years. Together, they continue to support their community, mirroring their dedication to Bethany Health Care Center.

It is because of MaryLou, Larry, and your generosity year after year that Bethany residents receive the highest quality care every day. Thank you for your compassion and support.

RESIDENT PROFILE | FLORENCE BENSON



Florence Benson

Florence Benson, 92, is a member of the Bethany Health Care Center community, where she lives a life filled with love, family, and a strong sense of faith. Born in Southbridge, Massachusetts in 1931, Florence grew up in a close-knit family as the youngest of three children. She attended St. Mary's Grammar School, taught by the Sisters of St. Joseph, and then went to Southbridge High School for her secondary education.

Florence's life changed significantly when she met John, her future husband, while he was serving in the Air Force. They married when she was 21, marking the start of nearly 40 years of marriage. Together, they raised six children—four boys and two girls. While their journey was filled with joy, it was also touched by sorrow, as they tragically lost one of their sons in his youth. Florence remained devoted to her family even after John's passing at 57, finding strength in her children and her faith.

In July 2020, during the pandemic's peak, Florence came to Bethany Health Care Center for rehabilitation. Quickly feeling at home, she decided Bethany was where she wanted to stay. Having lived nearby in Ashland, she already knew of Bethany's excellent reputation, and the warm, supportive atmosphere reassured her that she had made the right choice.

Florence has embraced life at Bethany with enthusiasm, finding pleasure in the wide array of daily activities and spiritual

opportunities. Whether playing Bingo, Volleyball, or Jeopardy she remains engaged and spirited. During warm weather, she loves spending time outside with friends on the back patio, finding peace in the good company and lush surroundings.

Bethany's Chapel of the Holy Spirit and participating in regular Catholic Mass hold special meaning for Florence. "Being with God again; finding God here," she reflects, "these spiritual elements make Bethany unique." She values the sense of community among residents and appreciates the supportive staff who work diligently to make everyone feel welcome.

Florence recognizes the essential role Bethany's donors and benefactors play in creating the special atmosphere she calls home. "Thank you," she simply says, expressing gratitude for the generosity that supports Bethany's mission. It's a sincere message that reflects the sentiment felt by Florence and the entire Bethany community.

FITZPATRICK SOCIETY MEMBERS MAKE A DIFFERENCE EVERY MONTH!

The Fitzpatrick Society is a special group of donors who are the backbone of support for Bethany Health Care Center. Named after Thomas B. and Sara G. Fitzpatrick—who, over 100 years ago, donated their Framingham estate to the Sisters of St. Joseph—the Society keeps their legacy alive by providing consistent support to Bethany through small, manageable monthly gifts.



Joining the Fitzpatrick Society is simple, secure, and makes a big impact. Just visit our website at bethanyhealthcare.org/fitzpatrick and set up your monthly donation. You can use a credit card or electronic funds transfer (EFT). Once you're registered, your donation will be automatically processed each month, and you can stop or adjust it at any time.

Why join? Here are a few great reasons:

Flexibility: Monthly giving lets you support Bethany in a way that fits your budget, splitting your annual donation into smaller, manageable amounts.

Predictable support: Your monthly gift helps us plan and ensure we have the resources to provide top-notch care year-round.

Hassle-free: Your gift is automatically charged, and you will receive an annual statement for tax purposes.

Feel good: Your monthly support means you're making a big difference in the lives of our Bethany residents every day.

As a Fitzpatrick Society member, you'll be part of a dedicated group of supporters who believe in Bethany's mission of caring for our elderly residents like family. Your ongoing generosity allows us to continue providing high-quality healthcare and a comfortable, loving environment for the women who call Bethany home.

Join the Fitzpatrick Society today and help us make a real difference, month after month! Visit bethanyhealthcare.org/fitzpatrick to get started.

SPECIAL GIFTS AND GRANTS



In 2023, Bethany Health Care Center received tremendous support from generous individuals and foundations, enhancing the lives of Bethany residents significantly. Among our top priorities were improving food service operations and upgrading technology to enhance patient care and staff efficiency. Each of the following gifts has made an especially profound impact on the Bethany community.

The Flatley Foundation, The Shea Family Foundation, and The Yawkey Foundation

Mealtime is a crucial part of a residents' day, providing not only essential nutrition but also a sense of comfort and community. Thanks to generous grants from The Flatley Foundation, The Shea Family Foundation, and The Yawkey Foundation, the outdated Bethany kitchen facilities are receiving a much-needed upgrade. These improvements will not only enhance the quality of the food service but also enhance the safety of Bethany's kitchen staff.

With this funding, new equipment and appliances are being installed in Bethany's commercial kitchen. These upgrades are anticipated to increase efficiency by 25-30%, reduce operational costs, and minimize the need for frequent repairs. Executive Director Jim Argir emphasizes the significance of these upgrades, stating, "The kitchen improvements are more than just new appliances—they're a continued investment in our residents' quality of life."

The MetroWest Health Foundation

With a focus on continually improving resident care, a generous grant from The MetroWest Health Foundation has allowed Bethany Health Care Center to enhance our medical technology. The Rosie Connectivity Solutions™ system is a cutting-edge technology that streamlines the collection of vital signs and patient care documentation. With the purchase of new Rosie SmartCarts®, Bethany's clinical staff can seamlessly integrate patient data with our electronic medical record system, improving workflow efficiency and record accuracy.

Melissa Sanclemente, Assistant Director of Nursing, praises the benefits of this new technology, stating, "This new equipment is a game-changer for us. Now, we can provide even more personalized bedside care, ensuring that each resident here feels truly cared for and supported. It's incredibly exciting to see how these cutting-edge technologies are making a real difference in the lives of our residents every single day."

The Catholic Health Foundation

Thanks to the Catholic Health Foundation's generous support, Bethany Health Care Center has launched an innovative project to advance resident care with technology. With this grant, Bethany's clinical team has been equipped with laptops and wall-mounted iPad monitors, optimizing resident care documentation and increasing efficiency.

According to Maureen Dulko, RN, Director of Nursing, "This technology empowers our team to deliver exceptional care at our residents' bedside, improving accuracy and efficiency. With laptops, the clinical staff can assess and document resident care on the spot, ensuring precision and reducing transcription errors."

Meanwhile, wall-mounted iPad monitors enable Certified Nursing Assistants to swiftly document care after assisting residents, leading to more precise reporting. These advancements streamline resident care documentation and boost efficiency, giving Bethany's staff more time for direct resident care, ultimately enhancing residents' quality of life.

These generous gifts and grants have made a significant impact on Bethany Health Care Center, improving the lives of our residents every day and enhancing our ability to provide high-quality care. We extend our deepest gratitude to all our donors for their commitment to our residents, caregivers, and staff. With your continued support, we will ensure that Bethany remains a place where everyone feels at home.

DONATIONS | *In Honor of*

2023 CSJ Jubilarians

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Marian Batho, CSJ
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To learn more about joining Bethany's Legacy Circle, please contact our Chief Philanthropy Officer at 508-479-6867 or JodiJoy.Okeefe@BethanyHealthCare.org





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