

Meaningful Moments Calendar ~ January 2025 ~ Cambridge Street, 2nd Floor at Bethany Health Care Center ~ Sponsored Ministry of the Sisters of Saint Joseph of Boston

Our Namaste Ladies Celebrate their birthday in the Namaste Room on their special day:	Meaningful Moments are subject to change to meet the safety needs of the residents. Music and Memory and The Montessori Programs are offered	<u>Program Key</u> BPC - Birthday Party Celebration Catholic TV+ - Mass & Rosary Community Collaboration - C & C	9:30 Spiritual Hymns 10:15 Mass: House Chapel or Mass / Rosary from Catholic Network TV	The Namaste Program is offered by CNA/ Activity Professional at 10:00am & 4:00pm & 6:00pm.	<u>Activity Professionals & Volunteers</u> Catherine Sabatini, Director, ADC / MC, CMDCP, CDP, MHE, Arielle, Engagement Manager, Matthew, Abigail, Renee, Alice, Jean, Leslie, Julia & Volunteers.	Check Bethany's TV stations, Activity Board, & Calendars for Impromptu live or
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
Every day: 1:15 pm Individual Chats (Mail delivery)			Happy Hour - Wednesday's in the Activity Center @ 2:30 all are welcome		Out-trips are on a rotating list.	
					1 10:15 Mass on TV 11:00 Stretching 11:30 Happy 2025 Social 1:45 Flowers are US 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Trivia	2 10:15 Chapel Mass/TV 11:00 <i>Drumming & Singing</i> 1:45 YouTube Treasures 2:15 Theme Fun 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>
5 9:30 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat 2:15 <i>Pat Singing</i> 4:00 C & C / Rosary 6:00 Circle of Friends	6 10:15 Stretch - Reminisce 11:00 Mass in Chapel 1:15pm Individual Chat 1:45 Cuisines of the World 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	7 10:15 Stretch & Reminisce 11:00 Mass in Chapel 1:15pm Individual Chat 1:45 <i>Drumming & Singing</i> 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Amira Piano Concert</i>	8 10:15 Mass on TV 11:00 Stretch & Reminisce 1:15pm Individual Chat 1:45 Flowers are US 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Trivia	9 10:15 Stretch & Reminisce 11:00 Mass in Chapel 1:15pm Individual Chat 2:15 Theme Fun 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Pat Singing</i>	10 10:15 Stretch & Reminisce 11:00 Mass in Chapel 1:15pm Individual Chat 1:45 Creative Art 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	11 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Games 1:45 Sports Time 4:00 C & C / Rosary 4:45 Happy Hour 6:00 Circle of Friends
12 9:30 Catholic TV + 10:30 Stretching 11:00 The Funnies! 1:45 Travel Chat 2:15 <i>Pat Singing</i> 4:00 C & C / Rosary 6:00 Circle of Friends	13 10:15 Stretch - Reminisce 11:00 Mass in Chapel 1:15pm Individual Chat 1:45 Cuisines of the World 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Broadway Fun	14 10:15 Stretch & Reminisce 11:00 Mass in Chapel 1:15pm Individual Chat 1:45 <i>Drumming & Singing</i> 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 <i>Amira Piano Concert</i>	15 10:15 Mass on TV 11:00 Stretch & Reminisce 1:15pm Individual Chat 1:45 Flowers are US 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:00 Trivia	16 10:15 Stretch & Reminisce 11:00 Mass in Chapel 1:15pm Individual Chat 2:15 Theme Fun 3:15 BPC - Sr. Donna C. 4:00 C & C & 4:30 Rosary 6:00 <i>Pat Singing</i>	17 10:15 Stretch & Reminisce 11:00 Mass in Chapel 1:15pm Individual Chat 1:45 Creative Art 3:15 Puzzle Fun 4:00 C & C & 4:30 Rosary 6:30 <i>Pat Singing</i>	18 9:30 Catholic TV + 10:30 Stretching 11:00 Table Top Games 1:45 Sports Time 4:00 C & C / Rosary 4:45 Happy Hour 6:00 Circle of Friends
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