House Activities Calendar ~ January 2025 ~ Bethany Health Care, Sponsored Ministry of the Sisters of Saint Joseph of Boston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cheery Chats - is Mail Delivery & One to One Visits.	Activities are subject to change to meet the safety needs of the residents. All out-trips are by invitation only TBA	Musio Therapy is assigned, if your interested see Engagement Manager.	Program Key - Indicates floor /Channel CH - TV Channel number 3,4,6, or All (A) / (H) traveling the house 2:00pm activities are in the Activity Center (AC) unless indicated differently.	Spiritwood Network is a unique service that shows engaging entertainment right in your own room. On CH 43	Activity Professionals & Volunteers Meghan O'Doherty, Engagement Manager Alice Fernandes, Activity Coordinator	*Check Bethany's TV stations, Activity Boards for Impromptu live or zoom events.
	As of 1/6/25 NEW TIMES: Cheery Chats @ 10:00am and IN-HOUSE CHAPEL MASS 11:00am.		1 9:15 Announcements CH 16 9:30 Mass CH 8 10:45 LIVE: Sit & Stretch - AC 2:30 Happy Hour: Sparkling Malus Pumila Punch 4:15 Cheery Chats - H 4:15 Spiritwood - CH 43	2 9:15 Announcements CH 16 9:30 Exercise CH 43 10:15 Chapel Mass or CH 40 11:30 Cheery Chats - House 2:00 Wacky Words - AC 4:15 Circle of Friends - 3 & 4	3 9:15 Announcements CH 16 9:30 Exercise CH 43 10:15 Chapel Mass or CH 40 11:30 Cheery Chats - House 2:00 Sr. Mary Joan's Presentation AC 4:15 Circle of Friends - 3 & 4	4 9:30 Catholic TV 10:00 Announcements CH 16 10:15 Coffee Visits - H 1:15 Spiritwood CH 43 1:45 Cheery Chats - H 2:15 Table Top Games - 3rd 3:15 Table Top Games - 4th
9:30 Catholic TV A. Activities on the Second Floor. B. Word "Puzzles" Binder - A C. 2pm Catholic TV- Historia Vitae Show	9:15 Announcements CH16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Bingo - AC 4:00 Michelle on Piano -3rd 4:00 Circle of Friends - 4th	7 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Resident Council Meeting - AC 4:15 Circle of Friends - 3 & 4	9:15 Announcements CH 16 9:30 Mass CH 8 10:45 LIVE: Sit & Stretch - AC 2:30 Happy Hour: Hot Chocolate with a twist 4:15 Cheery Chats - H 4:15 Spiritwood - CH 43	9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 UNDECORATE Christmas in the AC, then the solariums on 3 & 4.	9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Jeopardy 4:15 Circle of Friends - 3 & 4	11 9:30 Catholic TV 10:00 Announcements CH 16 10:15 Coffee Visits - H 1:15 Spiritwood CH 43 1:45 Cheery Chats - H 2:15 Table Top Games - 3rd 3:15 Table Top Games - 4th
9:30 Catholic TV A. Activities on the Second Floor. B. Word "Puzzles" Binder - A C. 2pm Catholic TV- Historia Vitae Show	9:15 Announcements CH16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Bingo - AC 4:00 Michelle on Piano -3rd 4:00 Circle of Friends - 4th	9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Trivia - AC 4:15 Circle of Friends - 3 & 4	9:15 Announcements CH 16 9:30 Mass CH 8 10:45 LIVE: Sit & Stretch - AC 2:30 Happy Hour: A Hot Toddy 4:15 Cheery Chats - H 4:15 Spiritwood - CH 43	9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Bowling - AC 4:15 Circle of Friends - 3 & 4	9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Cardio Drumming - AC 4:15 Circle of Friends - 3 & 4	18 9:30 Catholic TV 10:00 Announcements CH 16 10:15 Coffee Visits - H 1:15 Spiritwood CH 43 1:45 Cheery Chats - H 2:15 Table Top Games - 3rd 3:15 Table Top Games - 4th
9:30 Catholic TV A. Activities on the Second Floor. B. Word "Puzzles" Binder - A C. 2pm Catholic TV- Historia Vitae Show	9:15 Announcements CH16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Bingo - AC 4:00 Michelle on Piano -3rd 4:00 Circle of Friends - 4th	9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Jeopardy - AC 4:15 Circle of Friends - 3 & 4	9:15 Announcements CH 16 9:30 Mass CH 8 10:45 LIVE: Sit & Stretch - AC 2:30 Happy Hour: Whiskey Sours 4:15 Cheery Chats - H 4:15 Spiritwood - CH 43	9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Volleyball - AC 4:15 Circle of Friends - 3 & 4	9:15 Announcements CH 16 9:30 Exercise CH 43 10:15 Chapel Mass or CH 40 11:30 Cheery Chats - House 2:00 Art Presentation - AC 4:00 Spiritwood CH 43	25 9:30 Catholic TV 10:00 Announcements CH 16 10:15 Coffee Visits - H 1:15 Spiritwood CH 43 1:45 Cheery Chats - H 2:00 Kathy will be making her way to all the units singing her heart out.
9:30 Catholic TV A. Activities on the Second Floor. B. Word "Puzzles" Binder - A C. 2pm Catholic TV- Historia Vitae Show	9:15 Announcements CH16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Bingo - AC 4:00 Michelle on Piano -3rd 4:00 Circle of Friends - 4th	9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Casino Afternoon - AC 4:15 Circle of Friends - 3 & 4	9:15 Announcements CH 16 9:30 Mass CH 8 10:45 LIVE: Sit & Stretch - AC 2:30 Happy Hour: Peppermint White Russian 4:15 Cheery Chats - H 4:15 Spiritwood - CH 43	9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Cheery Chats - 3 & 4 11:00 Chapel Mass or CH 40 2:00 Monthly Birthday Party with Kathy the Singer 4:15 Circle of Friends - 3 & 4	9:15 Announcements CH 16 9:30 Exercise CH 43 10:15 Chapel Mass or CH 40 11:30 Cheery Chats - House 2:00 Pictionary - AC 4:00 Spiritwood CH 43	Welcome 2025