
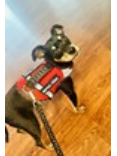


# House Activities Calendar ~ February 2025 ~ Bethany Health Care, Sponsored Ministry of the Sisters of Saint Joseph of Boston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Cheery Chats - is Mail Delivery &amp; One to One Visits.</b></p>	<p><i>Activities are subject to change to meet the safety needs of the residents.</i></p> <p><i>All out-trips are by invitation only TBA</i></p>	<p><i>Music Therapy is assigned, if your interested see Engagement Manager.</i></p>	<p><u>Program Key - Indicates floor /Channel</u> CH - TV Channel number 3,4,6, or All (A) / (H) traveling the house <i>2:00pm activities are in the Activity Center (AC) unless indicated differently.</i></p>	<p><b>Spiritwood Network</b> is a unique service that shows engaging entertainment right in your own room. On CH 43</p>	<p><u>Activity Professionals &amp; Volunteers</u> Meghan O'Doherty, Engagement Manager and Alice, Abigail &amp; Volunteers</p>	<p><b>*Check Bethany's TV stations, Activity Boards for Impromptu live or zoom events.</b></p>
					<p>Miller Visits us on Saturdays the 1st &amp; 15th.</p> 	<p><b>1</b> 10:00 Announcements CH 16 10:15 Exercise CH 43 10:30 Coffee Visits 3 &amp; 4 1:15 Spiritwood CH 43 1:45 Trivia Circle 3 2:45 Trivia Circle 4 3:30 Cheery Chats H 4:00 Feature Film CH 43</p>
<p><b>2 Groundhog Day</b> 10:00 Catholic TV (A) All Day Activities on the Second Floor. (B) To-Go Packets on all the units. 3:30 Pat Singing on 3 4:00 Pat Singing on 4</p>	<p><b>3</b> 9:15 Announcements CH16 9:30 Exercise CH 43 10:00 Circle of Friends 3 11:00 Chapel Mass or CH 40 2:00 Bingo AC 4:00 Michelle on Piano 3 4:00 Cherry Chats 3 &amp; 4</p>	<p><b>4</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 Barbara's &amp; Lisa's Friends Performing AC</b> 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>5</b> 9:15 Announcements CH 16 9:30 Mass CH 8 10:45 LIVE: Sit &amp; Stretch AC <b>2:30 Happy Hour: Deidre &amp; Raspberry Martinis</b> 4:15 Cheery Chats 3 &amp; 4 4:15 Spiritwood CH 43</p>	<p><b>6</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 Come a design cards for staff, family &amp; friends AC</b> 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>7</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 CSJ Boston Mtg. AC</b> 2:00 Snowman Crafts AC 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>8</b> 10:00 Announcements CH 16 10:15 Exercise CH 43 10:30 Coffee Visits 3 &amp; 4 1:15 Spiritwood CH 43 1:45 Trivia Circle 3 2:45 Trivia Circle 4 3:30 Cheery Chats H 4:00 Feature Film CH 43</p>
<p><b>9 Super Bowl</b> 10:00 Catholic TV (A) All Day Activities on the Second Floor. (B) To-Go Packets on all the units. 3:30 Pat Singing on 3 4:00 Pat Singing on 4</p>	<p><b>10</b> 9:15 Announcements CH16 9:30 Exercise CH 43 10:00 Circle of Friends 3 11:00 Chapel Mass or CH 40 2:00 Bingo AC 4:00 Michelle on Piano 3 4:00 Cherry Chats 3 &amp; 4</p>	<p><b>11 Feast of our Lourdes's</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 Prayers and Rosary w/ Jamie in Chapel</b> 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>12</b> 9:15 Announcements CH 16 9:30 Mass CH 8 10:45 LIVE: Sit &amp; Stretch - AC <b>2:30 Happy Hour: Serving: Love Potion # 9</b> 4:15 Cheery Chats - H 4:15 Spiritwood - CH 43</p>	<p><b>13</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 2:00 Cardio Drumming AC 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>14 Valentine's Day</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 2:00 History of Valentine's with a Special Drink. 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>15</b> 10:00 Announcements CH 16 10:15 Exercise CH 43 10:30 Coffee Visits 3 &amp; 4 1:15 Spiritwood CH 43 1:45 Trivia Circle 3 2:45 Trivia Circle 4 3:30 Cheery Chats H</p>
<p><b>16</b> 10:00 Catholic TV (A) All Day Activities on the Second Floor. (B) To-Go Packets on all the units. 3:30 Pat Singing on 3 4:00 Pat Singing on 4</p>	<p><b>17 President's Day</b> 9:15 Announcements CH16 9:30 Exercise CH 43 10:00 Circle of Friends 3 11:00 Chapel Mass or CH 40 2:00 Bingo AC 4:00 Michelle on Piano 3 4:00 Cherry Chats 3 &amp; 4</p>	<p><b>18</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 Monthly Birthday with Tom and Andy AC</b> 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>19</b> 9:15 Announcements CH 16 9:30 Mass CH 8 10:45 LIVE: Sit &amp; Stretch - AC <b>2:30 Happy Hour: Strawberry Margaritas</b> 4:15 Cheery Chats - H 4:15 Spiritwood - CH 43</p>	<p><b>20</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 Sr. Molly &amp; Sr. Nancy "running to stand still" AC</b> 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>21</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 2:00 Bowling AC 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>22</b> 10:00 Announcements CH 16 10:15 Exercise CH 43 10:30 Coffee Visits 3 &amp; 4 1:15 Spiritwood CH 43 1:45 Trivia Circle 3 2:45 Trivia Circle 4 3:30 Cheery Chats H</p>
<p><b>23</b> 10:00 Catholic TV (A) All Day Activities on the Second Floor. (B) To-Go Packets on all the units. 3:30 Pat Singing on 3 3:00 Gentle Yoga on 6 4:00 Pat Singing on 4</p>	<p><b>24</b> 9:15 Announcements CH16 9:30 Exercise CH 43 10:00 Circle of Friends 3 11:00 Chapel Mass or CH 40 2:00 Bingo AC 4:00 Michelle on Piano 3 4:00 Cherry Chats 3 &amp; 4</p>	<p><b>25</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 <b>2:00 Resident Council AC</b> 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>26</b> 9:15 Announcements CH 16 9:30 Mass CH 8 10:45 LIVE: Sit &amp; Stretch - AC <b>2:30 Happy Hour: Mudslide</b> 4:15 Cheery Chats - H 4:15 Spiritwood - CH 43</p>	<p><b>27</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 2:00 Volleyball AC 4:00 Cheery Chats 3 &amp; 4</p>	<p><b>28</b> 9:15 Announcements CH 16 9:30 Exercise CH 43 10:00 Circle of Friends 3 &amp; 4 11:00 Chapel Mass or CH 40 2:00 Flower Arrangement <b>Contest</b> AC 4:00 Cheery Chats 3 &amp; 4</p>	